

Caritas' belief in social justice led them to providing for thousands of Haitians even before the earthquake hit. Following the Catholic Church means that Caritas' paid members and volunteers go out of their way to create a better society based around Scripture.

Between 1961 and present day, various popes have quoted many phrases which have become world renowned. Caritas works alongside the Catholic Church to help make these visions a reality.

- "Catholics must challenge global inequality and unjust economic structures which cause great poverty in struggling to develop countries."
- "Society and its institutions must serve people in need and build up their dignity."
- "Economic injustice is a cause of war. Economic inequalities must be eliminated with advanced nations helping developing ones."
- "The social teachings of the church have a political as well as an economic dimension. Rich, developed countries have a responsibility towards poor and undeveloped countries."

Following the example of Jesus, The Catholic Church has always promoted justice. In his letters, St Paul reminded Christians to treat each other as brothers and sisters in Christ, regardless of social status; *"There is no longer Jew or Greek, there is no longer slave or free, there is no longer male or female, for all of you are one in Christ."* – Galatians 3:28. Caritas follows the message of this scripture by helping to improve social injustice and the inequality